



*April 2010*

April Dates To Remember

- 4/1-Early Release, 12:00 pm, End of 3rd Quarter
- 4/2-No School
- 4/5-No School
- 4/13-P.I.E. Meeting, Elementary LMC, 7:00 pm
- 4/14 - Eagle Booster Club Meeting, Board Room, 7:00 pm
- 4/15-Jazz Performance, Auditorium, 7:00 pm
- 4/21 - Board Of Education Meeting 6:30 pm
- 4/22-Variety Show, Auditorium, 7:30 pm  
Dinner 5:00 pm
- 4/24 -Junior Prom, 8-11:30 pm-Grand March at 10:30 pm



**HOUSES FOR SALE**

Mrs. Ritter, Real Estate Agent

4th and 5th grade students created tiny "Haiti Houses" during art classes in February. 5th graders sold the signed artist originals during lunch and at a JV game. The \$517 they collected was donated to UNICEF to help support the children of Haiti following the devastating earthquake there. Many staff, students and community members purchased the cute little pins and have been wearing them in support of the cause. I am proud of our students for their dedication and grateful for all the support they received. What a wonderful example of how art can do so much, for so many, in so many ways.



**Almond Bancroft Schools**  
**"Start with Art, Learn for Life"**

**March is the time to celebrate**  
**YOUTH ART MONTH**

*Recognizing the value of art education for all children and encouraging support for quality school art programs.*

POST OFFICE

- Castillo, Ariel
  - Huntington, Caury
  - Lucas, Matt
  - Schafer, Breana
  - Solis, Isaiah
- PORTAGE COUNTY BANK
- Anderson, Daren
  - Avalos, Maria
  - Avery, Austine
  - Banda, Eduardo
  - Banda, Yulissa
  - Coon, Nathan
  - Dykes, Lauren
  - Figuero, Kristen
  - Hartman, Brandon
  - Helmrick, Matt
  - Jones, Lilly
  - Jones, Victoria
  - Lehman, Cassie
  - Marchel, Joseph
  - Methfessel, Cain

- Newby, Cami
  - Newby, Carter
  - Perrin, Jon
  - Perzinski, Makayla
  - Perzinski, Melissa
  - Puenta, Yadira
  - Richtmyre, Wyatt
  - Rogers, Angela
  - Schafer, Tayler
  - Schmidt, Catie
  - Schude, Josh
  - Spohn, Isaiah
  - Stanislawski, Emmett
  - Wallace, Michaela
  - Weiss, Annie
  - Wiczek, Alec
  - Wierzba, Jacob
  - Williams, Alexis
  - Wiza, Mickie
- PORTAGE COUNTY LIBRARY
- Anderson, Derek
  - Banda, Luis

- Baumgartner, Daniel
- Bunders, Zachary
- Burns, Alex
- Dolski, Sophia
- Garcia, Brian
- Gendusa, Gabriel
- Heinz, Ethan
- Hintz, Paige
- Hunt, Thomas
- Marchel, Joseph
- Matke, Emaleah
- Noth, Ellie
- Perrin, Jon
- Perzinski, Makayla
- Ramirez, Jose
- Stanislawski, Colton
- Stanislawski, Garrett
- Steubs, Jese
- Takacs, Emily
- Turzynski, Bryn
- Warzynski, Chase
- Zinda, Alex

**ATTENTION ALL PARENTS**

If your child is absent from school, please call the Attendance Office at 366-2941 extension 108 before 9:00 a.m.

**High School Student Of The Week**  
**February 8th-12th**



I have chosen Rylee Anderson for the student of the week. She has excelled in Algebra throughout the year. Rylee participates well in class and shows a great deal of effort on her math work. She needs to be commended for her extra effort and her improved grades not only in my class but in all her classes. Keep up the good work! ~*Mr. Bradley*

**High School Student Of The Week**  
**February 15th-18th**



My choice for student of the week is Dillon Deford. Dillon takes pride in his craftsmanship and never settles for second best. Dillon will do what it takes to complete his projects with the highest quality standards and finish in a timely manner. When projects have been completed, he will continue to look for new tasks to better refine his skills and abilities. ~ *Mr. Wagner*

**High School Student Of The Week**  
**February 23rd-26th**



I wish to nominate Braden Hunkins for his extreme dedication for service learning within his community. Almond Community Theater needed a student volunteer to help Santa Claus during the Elementary Winter Concert and Braden took on the role of Elf Bernie with a costume that was truly from the North Pole. He took a lot of comments from peers in stride and smiled warmly to younger children afraid to sit on Santa's lap and helped them feel calm. Braden was involved in the school play as well with the right balance of fun and dedication to his role to make the play come alive for our community. I have seen similar kindness in regards to younger students on Braden's part during service learning projects from my class with the elementary classes. Braden is active in sports in our district and participates in class positively inspiring others to do the same. He shares his love for sports and community involvement with his peers during projects enthusiastically and is a joy to have in class. I have seen tremendous growth in Braden over the past year and I am proud of his efforts.  
~ *Mrs. Vann*

**High School Student Of The Week**  
**March 1st-5th**



I choose Ray Pieters for student of the month. Ray has been working extremely hard in weight training the last few months. He has set some pretty high goals for himself--including a 400lb squat by the end of the school year! Ray has been very determined and it has rubbed off on his rack station. He has been a great motivator and is always pushing himself and others to their upper limit. Great job! ~ *Mr. VanderLaan*

**ALMOND-BANCROFT SCHOOLS**  
**HOMEWORK HOTLINE**

**366-2941**

**Ext. 298 For Middle School Homework**

**Ext. 299 For High School Homework**



## High School Student Of The Week March 8th-12th



I choose Kelly Laurent (Sherd) because she has really improved this semester. She has been trying to get all of her work done and is really making an effort to pass all of her classes. Her attitude has greatly improved from last semester. ~Mrs. Huebner

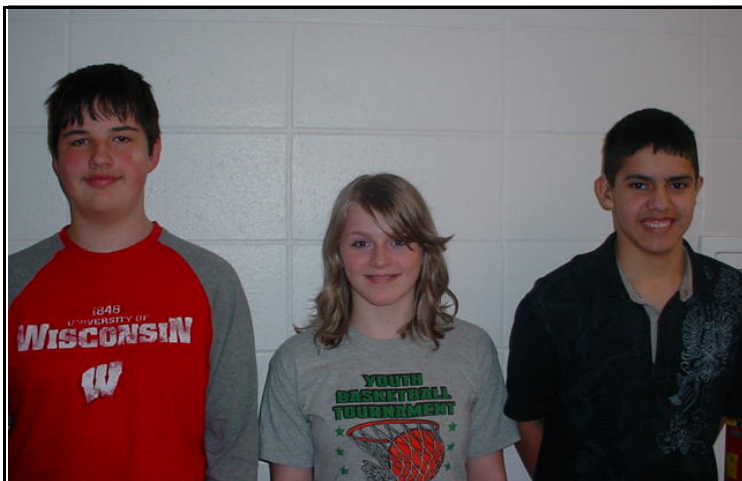
## 6th Grade Students Study Japanese Culture

Miss Weis's 6<sup>th</sup> grade students spent two weeks studying about the country of Japan. They learned about the Japanese culture, language, school system, geography and food. The 6<sup>th</sup> graders got a chance to teach the 1<sup>st</sup> graders what they learned about Japan. They taught the students how to do Japanese Radio Taiso (morning exercise), count to 10, speak some simple Japanese words and how to put on a traditional yukata. As the 6<sup>th</sup> graders culminating activity, they made Haiku's. Each student has a Haiku book that the class made.



Almond-Bancroft School District Mission Statement  
The Almond-Bancroft School District, with support of families and community members, will provide a safe and supportive learning environment, which challenges and prepares each student for success today and tomorrow.

## Middle School Students Of The Month



On March 9<sup>th</sup>, 2010 the following middle school students were honored for their excellence over the month of February. The Students of the Month include the following: Ramiro Luna, Hattie Berry and Hunter Laska. From the sixth grade we honored Hunter. He is an outstanding young man. This student is very polite and pleasant on a daily basis. He is always willing to be positive and share with others. This student is hard working and puts forth his very best everyday. Hunter is a good natured and fun-loving student and he always knows when to work hard and complete class work. He is a joy to have in class. From the seventh grade we honored Hattie Berry. She is a hard-working student who always tries her best. She is always kind, respectful and polite. Hattie is always very generous to others in the Middle School. She is very positive and always wears a smile on her face. Hattie is willing to take on extra tasks when needed and always has material turned in on time. She is a pleasure to have in class. From the eighth grade we honored Ramiro Luna. Ramiro has a very positive attitude and is always friendly. He has a smile on his face. He works very hard and is always pleasant. Ramiro always tries his best on everything and excels academically because of his determination. He is a great kid to have in the classroom.

Thanks you for your hard work,  
Congratulations!

## Dr. Seuss Makes a Visit During Read Across America Day At A-B





## Boys & Girls Club News



Spring In To The Boys & Girls Club Today!

All students in grades 1st-12th are encouraged to come join the fun!

The Almond-Bancroft Boys & Girls Club is open after school until 6 pm Monday-Thursday.

Please inquire at the Boys & Girls Club room or by e-mailing the director (Lauren Chilcott) at [lauren.chilcott@bgclubpc.org](mailto:lauren.chilcott@bgclubpc.org)



### Safety Cadet News

By: Mrs. Upton, Safety Coordinator

As I write this article, the sun is shining and the snow is just about all gone! This is my favorite time of year! Spring! Isn't it wonderful to see the grass again? (Even if it is still brown, it's better than snow!) It's also nice that the kids are able to get outside and not have to pull on snowpants every time. Please keep reminding your youngster to still bring in all of their winter wear just incase it snows. (Remember...it still is only March.) We have two young gentlemen that have become our March Safety Cadets of the Month. They are Dylan Bunders and Jacob Wierzba. Both boys are very pleasant and they do a great job while on duty.

Way to go, boys!

Sure hope that this nice weather is here to stay! Ahhh.....Spring!



### Jump Rope For Heart 2010

By: Roger Young, Jump Rope for Heart Coordinator

Jump Rope for Heart was held during the week of February 8<sup>th</sup> thru the 12<sup>th</sup>. The event was held during the student's normal physical education class times. Students first thru fifth grade jumped rope to bring awareness to the importance of taking care of their heart, and to raise money for the American Heart Association. The American Heart Association uses the money for research and for education to help cure and prevent heart disease. Twenty-eight students helped raise money for the American Heart Association and raised a total of \$1,748! These students will receive thank you gifts from the American Heart Association. The top money raiser was Chloe Dernbach with \$300 followed by Mickie Wiza and Velvet Ellis with \$125 each, Cade Lamb with \$105, and Elijah Kollock and Noah Kollock with \$100 each! Congratulations to all students who took part in Jump Rope for Heart! Thanks to everyone who donated money for a great cause!

## **ASSIGNMENT OF STUDENTS TO CLASSES**

Parents who wish to request a specific teacher for their child who will enter grades kindergarten through fifth during the 2010-2011 school year must do so no later than May 1, 2010. This deadline was developed to give the teachers and principal sufficient time to assign students to classes prior to the end of the school year. At the completion of this process, your child's teacher for the 2010-2011 school year will be indicated on your child's fourth quarter report card. The Board policy regarding the assignment of students to classes includes the following: "Students may be assigned to other classrooms upon parent written request provided that: a) Space permits, b). reasons are appropriate, c). the request is received on or before May 1st of the previous school year." Requests must include an appropriate reason for desiring a particular class or teacher. Reasons for request that are vague may be returned for further clarification. Request forms are available in the office. Just because a request is submitted does not mean that the student will automatically be placed in the requested classroom.



## **Family and Consumer Science News**

Sixth graders currently enrolled in Mr. Knepfel's Family and Consumer Science class are learning about the health risks associated with the use of tobacco, alcohol and other drugs. Students recently wrote letters to the editor of the school newsletter to help others become aware of the dangers of smoking.

Dear Editor and Readers,

In 6<sup>th</sup> Grade Family And Consumer Science we recently learned about the health risks, dangers and consequences of tobacco use. I would like you to understand how dangerous tobacco use really is, and if someone does smoke, I am including tips to help them quit. First I will list the dangers of smoking.

1. CANCER, such as LUNG, THROAT, STOMACH, and BLADDER cancers.
2. STROKES
3. HEART DISEASE

There are many more risks and after-effects of smoking.

Please don't smoke. If you DON'T smoke now, don't start. If you do smoke, please quit. Smokers, smoking not only affects YOUR health but EVERYONE AROUND YOU TOO! Here are some ways to quit.

1. PATCHES AND PRESCRIPTION GUMS, you can get most of those at a grocery store pharmacy.
2. SUBSTITUTE something else for cigarettes, like sunflower seeds.
3. QUIT GRADUALLY, instead of going "cold turkey", you could limit how many cigarettes you will have each day.

Thank you for allowing me to share this information with you. I hope the people that smoke at least try to quit. It not only helps you but also the friends and family around you.

Sincerely,

Ariel Plaski

6<sup>th</sup> grader at Almond-Bancroft School

### **Science Fair**

By this time your children in grades 7-9 should have their Science Fair packets. It is a required project in grades 7-9. The students should be in the process of preparing their experiment or invention for the fair. Reminder: while the experiment does take time to perform, it does not have as high of a point value as the write-up of the experiment and the interpretation of the results. Also, the background information is research that your child will do to find information related to his/her experiment. If you have any questions related to the writing of the paper or the points awarded each section, please feel free to call your child's science teacher.

The dates of the fair are May 6<sup>th</sup> for grades 7-8, which is also the date of the Middle School concert. May 20<sup>th</sup> is the date for 9<sup>th</sup> graders; which is also the date of the High School concert.

Good luck with your projects and see you on the 6<sup>th</sup> or the 20<sup>th</sup> of May.



### **SNAKES ALIVE! Experience It....**

The kindergarten through 12th grade students at Almond-Bancroft attended an amazing, hands-on live reptile and amphibian program on March 19th, presented by Tom Kessenich. Any student who wanted to was able to touch or hold a snake or alligator. The program was sponsored by Scott & Diane Kollock of Vista Royale Campground!

Thank you Scott and Diane for providing our students this great opportunity.

Tom Kessenich is holding the head of the snake in the photo, assisted by Drew Painter, Garret Warzynski, Brady McIntee and Taylor Martines.





**Be Kind to Animals/You Can Help!**

The LMC has a special focus on pets and animals for the month of April and the beginning of May. There are posters of cats, dogs, horses, birds, fish, and other pets in the library windows as well as information on The Prevention of Animal Cruelty Month (April) and Be Kind to Animals Week (May 2-8) sponsored by the American Humane Association. Both the elementary LMC and the secondary LMC have displays of animal books such as: *Pets - a Complete Handbook on the Care, Understanding, and Appreciation of All Kinds of Animal Pets / Kindness to Pets / Guinea Pigs / Goldfish / When a Pet Dies / Small Pets from Woods and Fields / Pet Parrots / The Complete Guide to Pet Care / My Cat - How to Have a Happy, Healthy Pet / Pet Reptiles / From Puppy to Dog / 101 Facts About Ferrets / Me and My Pet Rabbit / Encyclopedia of the Horse / My Pet Hamster & Gerbils* and many more great and informative books!



If you care about animals and want to contribute in some way, you can help on a community level. The day-to-day operations at the **Humane Society of Portage County** (344-6012) require unbelievable quantities of supplies for feeding and cleaning. Remember this fine organization next time you shop or visit (3200 Iber Lane, Plover – a small street off Hwy B right across from JayMar).

**Winter Hours of Operation Until April 10:**

Mon., Tues. & Thur.: 11:00 a.m. - 5:00 p.m.  
Wed. & Sat.: 11:00 a.m. - 3:00 p.m.  
Fri.: 12:00 p.m. - 6:00 p.m.

**On April 12 the hours of operation will be changing to:**

Mon., Tues., Thur. & Fri.: 12:00 a.m. - 6:00 p.m.  
Wed.: 11:00 a.m. - 3:00 p.m.  
Sat.: 11:00 p.m. - 4:00 p.m.

**The following items are needed;** please drop them off at the Plover location during the open hours listed above or bring them to Mrs. Van Ert in the Secondary LMC and she'll gladly take any items to the Humane Society:

- \*Quality Brands of Adult dog & puppy food - Purina One, IAMS or better, please!!!
- \*Quality Brands of Cat & Kitten food -Purina One, IAMS, or better please!
- \*Canned cat & dog food - please no Sprout or Old Roy!
- \*Cat & dog toys - anything that can be sterilized with bleach
- \*Bleach & powder detergent
- \*Clorox Clean-Up and Jungle Jake Cleaners
- \*Paper towels, toilet paper, liquid hand soap, and dishwashing liquid
- \*Wood pellets (used for cat litter) - purchase at Lowe's or Walmart
- \*Cat scratching posts, Scoopable Clay Litter, and Cat "Condos"
- \*Volunteers (for dog walking, cat sitting, general cleaning & laundry work, etc.) Note: Persons under the age of 18 can volunteer if accompanied by a parent or legal guardian at all times.
- \*Cash donations are always appreciated! If you would like to give using a credit card, please call the Humane Society during normal business hours. Online donations will be available soon.

As Immanuel Kant said, "We can judge the heart of a man by his treatment of animals." Thanks in advance for your help, and be kind to your pets!

**Spring Donations**

The LMC would like to thank the following individuals and groups for their donations to the Elementary LMC and the Secondary LMC: Nancy Schulze (gardening, travel, and *Reminisce* magazines, the Brian & Cindy Takacs family (*Popular Mechanics* and hunting magazines), Dawn Barber (horse, cat, & dog books and *Barbie* books), Sheena Weis (paperbacks for upper elementary and middle school readers), the Bunders family (books for the 4K students), Wendy Bickford (2 boxes of great children's books), the Hintz family (country, sports, and family magazines), Jon Perrin (hardcover and paperback books for the elementary LMC), Dan Boxx (a Brett Favre book), the Heck family (children's books, novels for the high school, animal & Christmas books, and calendars), Mickey Van Ert (books and magazines), the Eastman family (history and outdoor magazines), Art Pagel (sports publications), and Julia Swan (cooking and women's magazines). Thank you all for your generosity!

If anyone has any old farming calendars, the LMC is looking for pictures of farm animals such as cows, pigs, horses, and chickens. Please drop them off in the main office or bring them to the LMC. Thanks!

## **Secondary Counselor News: *From the Desk of Ms. Spencer***



### **Students attend CareerView Day at MSTC**

On Wednesday, February 10, Almond-Bancroft Juniors and Seniors had the opportunity to visit Mid-State Technical College's Wisconsin Rapids campus for a CareerView Day. On this day, students learned about admission requirements, toured the campus, listened to a panel of current students talk about their MSTC experience and attended informational sessions on four different program areas of interest. Some of these areas include Nursing, Automotive Technology, Marketing and Cosmetology. The students said it was a great experience, and they not only learned what MSTC has to offer, but they became more excited to start their post-secondary education!

## **Almond-Bancroft High School Awards Ceremony**



Please join the Almond-Bancroft School District in honoring our students and their achievements!



**When: May 4 at 7:30**

**Where: Almond-Bancroft Auditorium**

Students will be acknowledged for their achievements in attendance, student council, and various academic departments. Senior scholarship recipients will also be recognized. The evening will conclude with the annual induction ceremony for the Almond-Bancroft Chapter of the National Honor Society.



## **National Honor Society Membership Candidacy**

To be eligible for membership consideration, students must have a cumulative grade point average of a 3.2 and meet high standards of leadership, service, and character. Members of the sophomore class will be evaluated by a Faculty Council consisting of five members.

Leadership is based on a student's role as a participant in school and community activities, and election to offices. The service requirement is met by those actions taken by the student on the behalf of others, without personal compensation. Also reviewed is the student's attitude toward any service project. Character is measured in terms of integrity, behavior, ethics and cooperation with both students and faculty.

### **Benefit for 4 Paws for Disability**

**Please come join us  
at the Almond Bancroft School Auditorium  
for a benefit for 4 Paws for Ability.**

**The singing groups "True Harmony" and "Mosquito Bluff"  
will be singing for Austin Warzynski's benefit  
Sunday, April 25, 2010 at 2 pm.**

**Cost for the concert will be \$5 a ticket.**

Austin suffered a stroke at 9 months of age and has had two seizures within the last year. 4 Paws for Ability trains mobility/seizure dogs. Alvin and Michele, Austin's parents, feel that a mobility/seizure dog would increase Austin's confidence and inspire him to better cope with his disabilities. We will also be having a bake sale and silent auction following the concert. If anyone would like to donate items for the benefit please bring your donation to Heavenly Hair located in Almond. **If you would like to make a monetary donation please make check out to 4 Paws for Ability in honor of Austin Warzynski.**

**If you have any questions please call  
Michele Warzynski at 715-572-4781 or  
Rochelle Schultz at 715-366-4247.**



### **Presentation By Special Agent Kostner**

The Almond-Bancroft High School students attended a presentation in the auditorium on the consequences of using illegal street drugs. Special Agent Jeffrey Kostner of the State of Wisconsin Department of Justice, Division of Criminal Investigation, shared with the students what he has seen while on duty with the Narcotics Bureau. Mr. Kostner was very informative and related well with the students. Almond-Bancroft Schools thanks Mr. Kostner for his time and Sandra Dykes for making it possible for him to visit our school.



## Forensics Team News: By Toni Rock

### On To State!

On March 13th the high school forensics team competed in the District 5 meet in Wisconsin Rapids. Those who scored a minimum of two 20 point evaluations will progress to the State meet on April 16th! Those students are **Ray Pieters** in Solo Acting, **Danielle Dykes** in Prose Reading, **Amber Hintz** and **Sierra Stucker** in Play Acting, **John Waggoner** in Oratory and **Jade Stuebs** in Solo Acting. Congratulations!



### News From ~ Lisa Vann , English Language Learners Coordinator

Students realized how fortunate they were to have learned English from birth when they attempted to read "The Chaos" by Gerald Nolst Trenite. Imagine trying to explain why certain words with the same spelling are pronounced differently in English to students who speak a different language as their native language. I am proud of our English Language Learners who work diligently to learn a second language while learning academic content areas such as Math, Science, and Social Studies. This is a sample of a classic English poem containing about 800 of the worst irregularities in English spelling and pronunciation. Try to read it as quickly as you can without making mistakes! I sure do appreciate the efforts of our English Language Learners in our district. Don't you? Don't take literacy for granted! Read with your children daily!

#### *THE CHAOS by Gerald Nolst Trenite*

*Dearest creature in creation  
Studying English pronunciation,  
I will teach you in my verse  
Sounds like corpse, corps, horse and worse.  
I will keep you, Susy, busy,  
Make your head with heat grow dizzy;  
Tear in eye, your dress you'll tear;  
Queer, fair seer, hear my prayer.  
Pray, console your loving poet,  
Make my coat look new, dear, sew it!  
Just compare heart, hear and heard,  
Dies and diet, lord and word.  
Sword and sward, retain and Britain  
(Mind the latter how it's written).  
Made has not the sound of bade,  
Say-said, pay-paid, laid but plaid.  
Now I surely will not plague you  
With such words as vague and ague,  
But be careful how you speak,  
Say: gush, bush, steak, streak, break, bleak ,  
Previous, precious, fuchsia, via  
Recipe, pipe, studding-sail, choir;  
Woven, oven, how and low,  
Script, receipt, shoe, poem, toe.  
Say, expecting fraud and trickery:  
Daughter, laughter and Terpsichore,  
Branch, ranch, measles, topsails, aisles,  
Missiles, similes, reviles.*

*Wholly, holly, signal, signing,  
Same, examining, but mining,  
Scholar, vicar, and cigar,  
Solar, mica, war and far.  
From "desire": desirable-admirable  
from "admire",  
Lumber, plumber, bier, but brier,  
Topsham, brougham, renown, but  
known,  
Knowledge, done, lone, gone, none, tone,  
One, anemone, Balmoral,  
Kitchen, lichen, laundry, laurel.  
Gertrude, German, wind and wind,  
Beau, kind, kindred, queue, mankind,  
Tortoise, turquoise, chamois-leather,  
Reading, Reading, heathen, heather.  
This phonetic labyrinth  
Gives moss, gross, brook, brooch, ninth,  
plinth.  
Have you ever yet endeavoured  
To pronounce revered and severed,  
Demon, lemon, ghoul, foul, soul,  
Peter, petrol and patrol?  
Billet does not end like ballet;  
Bouquet, wallet, mallet, chalet.  
Blood and flood are not like food,  
Nor is mould like should and would.*

*Banquet is not nearly parquet,  
Which exactly rhymes with khaki.  
Discount, viscount, load and broad,  
Toward, to forward, to reward,  
Ricocheted and crocheting, croquet?  
Right! Your pronunciation's OK.  
Rounded, wounded, grieve and sieve,  
Friend and fiend, alive and live.  
Is your r correct in higher?  
Keats asserts it rhymes Thalia.  
Hugh, but hug, and hood, but hoot,  
Buoyant, minute, but minute.  
Say abscission with precision,  
Now: position and transition;  
Would it tally with my rhyme  
If I mentioned paradigm?  
Twopence, threepence, tease are easy,  
But cease, crease, grease and greasy?  
Cornice, nice, valise, revise,  
Rabies, but lullabies.  
Of such puzzling words as nauseous,  
Rhyming well with cautious, tortious,  
You'll envelop lists, I hope,  
In a linen envelope.  
Would you like some more?*

Literacy is important. Here are some brain benders for the whole family to enjoy! Take time to with your family and talk around the table and then relax on the sofa to read together and discuss interesting topics. The TV will not make memories that will last. One tray of homemade or bakery made cookies and a few laughs will be remembered forever!

1. You are a cyclist in a cross-country race. Just before the crossing finish line you overtake the person in second place! What place did you finish in?
2. In a year there are 12 months. 7 months have 31 days. How many months have 28 days?

\*Answers to riddles are located on back page of newsletter



# Beefy Three-Cheese Enchiladas Recipe

Make this tasty beef and cheese enchiladas recipe for a crowd<sup>1</sup> or freeze into portions for family meals.

**Prep Time: 30 minutes Cook Time: 30 minutes**

## Ingredients:

- 3 pounds ground beef
- 2 Tablespoons garlic, pressed or minced
- 2 Tablespoons ground cumin
- 1 Tablespoon chili powder
- 48 ounces mild salsa or picante sauce (for use with beef mix)
- 1-1/2 pounds cream cheese, softened and cut into chunks
- 6 cups shredded Cheddar cheese
- 6 cups shredded Monterey Jack cheese
- 3 red or green peppers, finely chopped
- 36 (6-inch) tortillas
- 48 ounces mild salsa or picante sauce (for topping)
- 4-1/2 cups shredded cheddar or Monterey Jack

## Preparation:

**Note:** These instructions are for make-ahead freezer meals (6 meals of 6 servings each). However, if you are **cooking for a crowd**<sup>2</sup>, simply use a large pan and skip the freezing instructions. For a chicken version, substitute shredded cooked chicken for the ground beef.

In a stock pan over medium heat, brown **ground beef**<sup>3</sup>. Drain and return to pan. Over medium heat add **garlic**<sup>4</sup>, cumin, chili powder, and **salsa**<sup>5</sup>; stir to combine. When mixture is heated, add **cream cheese**<sup>6</sup> chunks, stirring until melted. Stir in **Cheddar cheese**<sup>7</sup>, Monterey Jack cheese, and peppers. Remove from heat and set aside.

Assemble enchiladas by placing 1/2 cup beef-and-cheese mixture onto each tortilla and rolling. Place 6 enchiladas in each container. Cover with plastic wrap, pressing down to cling to food. Package salsa in snack bags, 1 cup per meal. Package cheese in snack bags, 3/4 cup per meal. Place a package of salsa and cheese in each container and cover. Freeze.

Defrost in refrigerator. Preheat oven to 350 degrees F. Remove lid, salsa, cheese and plastic wrap. Spread salsa over enchiladas and cover loosely with foil to prevent drying. Bake until bubbly around edges and hot in the center, about 30 minutes. Remove foil and sprinkle with cheese during the last 5 minutes of baking. Let stand at room temperature 15 minutes before serving.

Yield: 36 servings

Nutrition information per one enchilada: 432 calories, 23 grams protein, 29 grams fat, 19 grams carbohydrate, 1 gram fiber, 95 milligrams cholesterol, 771 milligrams sodium

# Guacamole Recipe

**Guacamole is a popular Mexican dip, usually served with tortilla chips. It is also served as a condiment with fajitas and other Mexican dishes.**

**Prep Time: 20 minutes Cook Time: 1 hour**

## Ingredients:

- 1/2 small sweet onion, very finely chopped
- 1 fresh hot green chile (serrano or jalapeno), stemmed, seeded and very finely chopped (adjust to your personal tastes) (If you prefer mild peppers use 2 cans of green chilies)
- 1 ripe, medium-large tomato, cored and very finely chopped
- 1 clove garlic, peeled and very finely chopped
- 10 fresh coriander (cilantro) leaves, chopped
- 3 ripe, medium-sized avocados
- 1/2 teaspoon salt, or to taste
- Juice of 1/2 lime
- For garnish: Additional chopped onion and fresh coriander, halved cherry tomatoes,
- and/or a little crumbled Mexican or other fresh cheese like feta or farmer's cheese

## Preparation:

Mix the finely chopped onion, chiles, tomato, garlic, and coriander (cilantro) in a medium-sized bowl.

Cut around the avocados lengthwise to the seed, then twist the halves in opposite directions to separate. Remove the seeds and discard. Scoop the avocado flesh from the skin, pour in lime juice and sprinkle with salt. Mash together with a fork to a lumpy consistency. Add the previous onion and vegetable mixture and mix to a chunky consistency.

Immediately cover the guacamole with a sheet of plastic wrap, pushing the wrap down to contact the entire surface of the guacamole to inhibit browning. Refrigerate 1 to 2 hours to let flavors blend.

To serve, place in a decorative bowl and garnish with your choice of chopped onion, cilantro, halved cherry tomatoes, and/or crumbled Mexican, feta or farmer's cheese. Use as a dip with tortilla chips or as a condiment with fajitas or other Mexican dishes.

Yield: about 3 cups, serving 6 as an appetizer, 12 to 15 as a dip



Back: Kaela, Joelle, Kelsey, Front: Danielle, Elizabeth, Jessica, Not pictured: Kristie

### Meet Your Graduating Music Students

I am proud to introduce our graduating choir members and share what they have to say about the music they enjoy.

**Kaela Anderson** sings alto in our choir and her favorite music is soul because of the expressive lyrics that characterize this type of music. Her favorite recording artist is Alicia Keys because her music is deep and meaningful. Kaela is a music lover and she listens to music whenever she can, including on her stereo, TV, or computer. After Kaela graduates, she plans on keeping music in her life by continuing to listen to and enjoy music. It is obvious that Kaela finds significance in music's ability to communicate emotional and personal thoughts.

**Joelle Beder**, also an alto, enjoys country, hip hop, and rock music. Her favorite recording artist is Miranda Lambert, a country music artist who gained fame as a finalist on the 2003 season of Nashville Star. Joelle likes to listen to music while she is driving and on her radio. After graduation, Joelle will continue to share her talent and love of singing with her church choir.

**Kristie Felella**, is a soprano, and her favorite types of music are rhythm and blues, hip hop, pop, and rap. She likes the strong beat predominant in these genres of music. Kristie says that she grew up listening to music. This tells us that Kristie's family most likely influenced her love of music! Kristie uses music to ease her periodic boredom and she likes to listen to it when

traveling in her car. Kristie plans on continuing to listen to music after she graduates from high school.

**Danielle Folan**, a soprano, has been listening to country music her whole life. She loves this music because it is easy to sing along to and dance to. Danielle reveals that she has been in love with Tim McGraw since she was five years old, so naturally he is one of her favorite recording artists. Danielle loves his voice and the messages in his music. She also prefers the country band, Lady Antebellum, because their unique style of blending their voices really appeals to her. Danielle listens to music all the time in her car and when she is in her room, doing homework. Danielle sings everyday in the high school choir and with the choir in her church. She many times performs vocal solos at church and at our athletic events at Almond-Bancroft. Danielle plans on keeping music in her life after high school by continuing to sing for her church.

**Elizabeth Galindo**, is a soprano, and she is another fan of soul music because of the personal meanings stressed in this historical American music, that contains elements of gospel and rhythm and blues. Her singing idols are Lady GaGa and Alicia Keys. Both of these women are known for the personal, strong messages in their songs. Elizabeth listens to music all the time on her MP3. After she leaves Almond-Bancroft High School, she will continue to keep music in her life, listening to it often.

**Kelsey McIntee** is also a soprano. She favors country music, but she also listens to some rock. Her preference for country music is because Kelsey often sees special stories in country songs and finds significance in how the artists many times seem to relate to the messages in the songs that they sing. Carrie Underwood is Kelsey's favorite artist because she seems down to earth and Kelsey likes all of Carrie's songs. Kelsey is especially impressed with how a small town girl, like Carrie, came so far, to become a famous recording artist. Kelsey always listens to music in her car and she likes to sing along. Kelsey shares that she cannot stand to drive without music. Listening to music while she drives makes time go by faster and she gets to sing by herself. She listens to music on her iPod during her free time and when she is working out. Kelsey says she will never stop listening to music; she will always keep music in her life.

**Jessica Sanchez** is an alto and she likes hip hop and Reggaeton music. Reggaeton is a form of urban music that became popular with our Latin American youth in the early 1990s. It has now become main stream and blends the styles of reggae and dancehall with bomba, hip hop, rhythm and blues, and rap. Jessica loves the beat and rhythm of this music. Her favorite recording artists include Mariah Carey and Alexander Acha because she loves the way they sing and play. In her free time, Jessica likes to listen to music at home or when she goes out. Jessica says that she absolutely has to keep music in her life; she will always keep listening to it.

I want to thank these seniors for sharing their thoughts on music with us. Do not miss the last opportunity to hear them perform with our high school choir at the upcoming spring concert. Reading their stories shows us how something so universal, like music, can be, also, very personal and special. The next Friends of Music meeting is April 19 at 7:00 pm. Please join us if you would like to find out what you can do to assist our music students.



### Reasons To Become a Parent: By Jacob Clark, A-B HS Parenting Class

There are many good reasons and there are many bad reasons to have child. Some of the good reasons to have a child include: **"I feel good about myself and want to share my life with a child."** **"I love children, I'm ready to experience that special bond between me and my child and want to have it for the rest of my life."** **"I'm ready to give a child my care and my love."**

Also, there are several bad reasons to have children. A few examples are: **"People keep hinting that it's a good time to have a baby."** **"Maybe having a baby will solve our marriage problems."** **"I'm not important now, if I have a baby I'll be important."** **"I want to make sure that there is always someone to love me."** **"A child will make our strong relationship even stronger."** **"Having a baby will prove that I'm an adult."** **"I want to be a grandparent someday."** **"Having a child will prove my manhood/womanhood."**

Personally, I believe that you should wait until you really fall in love with someone. It helps to know your significant other's whole personality and that usually helps to decide if you want to stay with him/her. If the marriage is very stable and you're financially secure, then it's probably fine to have children. Never give in to people pressuring you to have kids, because it might ultimately affect the child and you. There are many people that have used inappropriate reasons to have children and have gotten themselves in deep trouble. What are your reasons for having children?



## High School Band Notes...

### *Solo & Ensemble 2010*

On Saturday, February 27, 2010, students from the middle and high school bands performed at the District Solo & Ensemble festival held at Port Edwards High School. Over thirty of our band students participated in 24 events this year.

Raymond Pieters earned starred first ratings on his vocal solo and his euphonium solo and will be performing them at State Festival on Saturday, May 1 at the University of Wisconsin - Stevens Point.

Students earning **First Division** awards are Raiden Vann (Euphonium), Alissa Williams (Clarinet), John Waggoner (French Horn), Dominique Miner (Piccolo), Jeff Fletcher (Snare Drum), and Taylor Cisewski (Piano and Alto Sax).

Students earning **Second Division** awards are Shelby Swan (Alto Sax), Angela Iwanski (Alto Sax), Maria Vann and Megan Wiczek (Trumpet Duet), Patience Turner (Clarinet), Aiden Rock and Meghan Varga (Flute Duet), Kaitlynn Lehman (Flute), Ariel Plaski (Alto Sax), Jeanette Colombe (Clarinet), Miranda Borchardt, Amy Stricker, and Jeanette Colombe (Clarinet Trio), Sam Borchardt (Trumpet), Dominique Miner (Flute), and Miranda Borchardt (Clarinet).

Students earning **Third Division** awards are Christian Bloede (Snare Drum) and Angela Iwanski (Flute).

The students have made a lot of progress over the last year and the ratings for students in all categories are steadily improving. The band students all chose much harder literature this year and worked very hard to prepare for festival. I am excited by the results and encouraged that our kids are growing musically. We are blessed in our communities to have such talented young musicians to work with.

### *A-B Jazz Ensemble to Perform with Waubensee College Jazz Band*

You may recall from the last newsletter that the renowned Jazz Band from Waubensee College in Illinois will be performing a free concert here at the Almond-Bancroft Schools on April 15, 2010 starting at 7:00 PM. The students from the A-B Jazz Ensemble will be playing with the Waubensee Jazz Band on a Glenn Miller tune "In The Mood". We would like to invite you all to come out and enjoy a night with some of the great legends of Jazz music.



## Tenth Annual Community Variety Show

The Almond-Bancroft Music Department will host its tenth annual Community Variety Show at 7:30 PM, April 22, in the ABHS Auditorium. Reserved seating tickets can be purchased in advance by contacting Mrs. Crystal Frank at (715) 366-2941 ext. 124. Tickets are on sale now and cost \$5.00 for adults and \$4.00 for students and seniors. Come join the fun as we showcase the talents of students, staff, and the community.

The A-B Friends of Music will also be sponsoring a picnic supper before the show starting at 5:00 PM. The meal will cost \$7.00 (\$5.00 for seniors/students), and includes beverage, dessert, chips, baked beans, potato salad, and your choice of a BBQ or Hotdog. Tickets can be purchased at the door when you arrive.



## Almond Community Theatre presents...

**Hotel Pickle**, written by Sam Havens and directed by Lisa Vann and Joel Bennett.

Alex and Rolly, are struggling to make a success of a once-elegant hostelry in the Hamptons, but it's tough, especially with the owner Lucinda Pickle breathing down their necks. Of course it doesn't help that the hotel's permanent resident collects pet mice; that the hotel chef is a little crazy; and that a petty criminal is looking for a place to hide out. When a Hollywood producer checks in with his vain bodyguard and his sneezing secretary, things really go nuts. Gunshots, UFO sightings, chef's hats aflame, and escaping mice make Hotel Pickle a comedic farce that you are certain to relish.

Tickets are \$7.00 for adults and \$5.00 for students/seniors and are available by calling 366-2941 ext. 456 or by stopping in at one of these local merchants: Portage County Bank, Bancroft State Bank, and Royal Supermarket. A special "couples" price of \$12.00 for two tickets is available on tickets purchased before April 8.

Performances will be held in the auditorium of the Almond-Bancroft High School at 7:00 PM on April 9 and 10; and at 2:00 PM on April 11.

**April  
Eagles Athletic  
Events**



- 4/6-Track @ Port Edwards 4:00 pm  
Baseball & Softball @ Home vs.  
Tigerton 4:30 pm
- 4/8-Track @ Wild Rose 4:00 pm  
Baseball & Softball @ Home vs.  
Menominee 4:30 pm
- 4/9-Baseball & Softball @ Home vs.  
Wild Rose 4:30 pm
- 4/12-Baseball & Softball @ Home vs.  
Tri-County 4:30 pm
- 4/13-Track @ Wild Rose 4:00 pm
- 4/15-Track @ Shiocton 4:00 pm  
Baseball & Softball @ Marion  
4:30 pm
- 4/16-Baseball & Softball @ Amherst NC  
4:30 pm
- 4/19-Track @ Marion 3:45 pm  
Baseball & Softball @ Home vs.  
Rosholt 4:30 pm
- 4/22-Track @ Port Edwards 4:00 pm  
Baseball & Softball @ Port Edwards  
4:30 pm
- 4/23-Baseball & Softball @ Menominee  
Indian 4:30 pm
- 4/26-Track @ Tri-County 3:45 pm  
Baseball & Softball @ Home vs.  
Gresham 4:30 pm
- 4/27-Baseball & Softball @ Tigerton  
4:30 pm
- 4/29-Track @ Tri-County 3:45 pm

*\*Dates and times are subject to change.*

# EAGLES sport Light



PLEASE DONATE FOR A GREAT CAUSE!

Katie Schude has been nominated to participate in the Wisconsin Basketball Coaches Association (WBCA) 2010 Girls All-Star Game! The game is held on June 19 at Madison Area Technical College in Madison, WI. In order for Katie to play, she needs to raise \$500 for the Midwest Athletes against Childhood Cancer, or MACC Fund. Any person who makes a donation to the MACC Fund will receive a free ticket to the game. In order to raise the money she will be selling paper basketballs to the elementary students for \$1 until April 23rd. The class that purchases the most basketballs will receive an ice cream party and an activity of their choice against the senior class. Please support Katie by giving your son or daughter money for this great cause. If you do not have a child in elementary school, you can still donate money by sending it to:

Katie Schude  
MACC Fund  
1336 Elm Street  
Almond, WI 54909



## Almond-Bancroft Coaches Needed

**Middle School Football**

Fall 2010

**Middle School Volleyball**

Fall 2010

If you have any interest or know someone who is interested please contact,  
Jeff Rykal – Principal, or Art Pagel -Athletic Director



## Eagle Booster Club News



The Eagle Booster Club would first like to remember our dear friend and long-time member and officer Karen Warner. She was not only a pillar of the booster club, but also the community and she will be deeply missed. We plan to have a plaque made in her memory.

We have just concluded a very busy 3 month schedule of basketball tournaments, including our first annual high school Holiday Tournament. All of these were beneficial in raising funds to support our athletic programs. We would like to express sincere gratitude to ALL of those that helped out with the rigorous schedule of officiating, concessions and overall organization. We would not be able to continue our extensive work without the help and support of many within our communities. We are currently in need of new active members. As the demands of our school and its athletic activities grow, so does the need for help in the booster club. PLEASE consider joining our team! We meet the second Wednesday of the month and even if you cannot make these meetings, we are always in need of volunteers for the projects we are involved with. So let us know if you are able to help on any level.

Our plans for the near future are a new scoreboard for the baseball field, new bleacher seating at the softball and baseball fields and offering scholarships to graduating seniors. It is important to note that even though the booster club primarily supports athletics, a large consideration of our scholarships is also based on community service because that is the foundation of our club. Our hope is that kids understand the importance of giving their time to the "benefit of the entire community".

Again, we invite everyone to join the Eagle Booster Club in our efforts to provide our kids with the best equipment, facilities and experiences possible at Almond-Bancroft Schools.

Thank You from the Eagle Booster Club,

Jeff Yonke, Spence Bunders, Matt & Wendy Bickford, Curt Lamb, Scott Kollock, Al & Sheila Meddaugh, Andrew Bradley, Randy Yonke, Valerie Gendusa



**ALMOND/BANCROFT FAMILY RESOURCE CTR. APRIL**  
Room S325, Almond High or Last Friday of the month; Mrs. Klinger's Room  
almondbancroftfrc@gmail.com. 366-2882 or 421-4635

Stay n Play continues to be held on Fridays from 10:00 a.m. – 11:30 a.m. The last Friday of every month will offer Stay n Play in Mrs. Klinger's room at the Bancroft School. If you have any questions *call Almond Family Resource Center at 366-2882, or call my personal phone at 421-4635.* Parents, grandparents, dads, even Day Cares are welcome. We are free of charge, and it is a great place to visit with our neighbors, especially now that spring has arrived. Hope to see many of you soon.

Many of you are receiving the "Parenting Connections in Portage County" newsletter in the mail. This explains all of the events offered in Portage County (free of charge) on a three (3) month basis. If you want one mailed to your home, you can call the A/B Family Resource Center. It can also be accessed on line at [www.fcpcwi.org](http://www.fcpcwi.org).

**SINGLE SESSION WORK SHOP**

**Changes, Changes. What's a Person to Do! Monday, April 12<sup>th</sup>-6:00-7:30 p.m., Bancroft .**

From Trans-fats to portion sizes! From "tummy time" to infant formula for a whole year and... why do I have to throw out a perfectly good car seat?

**Please pre-register by calling the above phone number THE FRIDAY before.**

***Special Stay and Plays***

**Friday, Mar. 26<sup>th</sup> Easter Bonnet Day. Held in Mrs. Klinger's room.  
Guess what we will be making. Snack provided.**

**This years Easter Egg Hunt will be held in Bancroft at the Lions Park.  
It will be on Friday April 2, 2010 at 10:00 a.m. The HUNT is for children  
seven years of age and under. Please dress for the weather. Bring a snack to share.  
If you could call to let us know if you plan on coming, please call the Family Resource Center in Almond.  
You can also call 715-421-4635.**

**Please come and visit your Almond/Bancroft Family Resource Center.**

**Jan Roth**



**Partners In Education News**

Listed below you will find the meeting dates for the rest of the school year, as well as a general list of topics that will be addressed.

**Tuesday, April 13<sup>th</sup> at 7:00 p.m.**

Finalizing plans for Senior Tea  
Finalizing plans for Staff Appreciation Day  
Finalizing plans for Eighth Grade Graduation  
Planning for Art to Remember fundraiser  
Planning for Red Cross Babysitting Clinic

**Tuesday, June 8<sup>th</sup> at 7:00 p.m.**

Re-cap of previous PIE events  
Scheduling all future PIE meetings  
for the 2011-2012 school year  
Input for improvements or additions

Any and all support is not only greatly appreciated, but fundamental for program improvements. Please contact **Trina Warzynski at 366-2941 ext 422 or 366-2773 or Kathy Miner at 366-2854** if attending a meeting is not possible, but you would still like to become involved. Partners In Education values all input!

Thank you to all who have helped to make Partners In Education capable of providing educational and fun experiences for students throughout the years!

**ALL COLOR YEARBOOKS!**

*FOR THE FIRST TIME AT ALMOND-BANCROFT SCHOOLS*

THE 2010 YEARBOOK WILL BE ALL IN COLOR THIS YEAR WITH LAST YEAR'S PRICES.

**ORDER YOURS TODAY! Every page in color!**

**\$42 without name \$47 with name**

**Send your payment to: Yearbook Club, Almond-Bancroft Schools  
1336 Elm Street Almond, WI 54909**

*The 2010 Junior Prom,  
"A Night to Remember", will be presented on  
April 24<sup>th</sup> from 8:00 to 11:30 in the west gym.*

*The court members include:*

*Datann Ammel, Audra Anderson, Brittany Degler, Jessica  
Dorgan, Deanna Felella, Rachel Penza, Stephanie Rodriguez,  
Emily Schude, Rabe Avery, Nick Chapa, Richard Domenget,  
Jeff Fletcher, Lucas Meddaugh, Tyler Meddaugh,  
Zach Perzinski, and Cory Richtmyre*

*The Pages are Chloee Dernbach and Connor Newby.*

*The Punch servers are McKenna Heck and Carissa Perzinski.*

*The ticket takers are Evan Pagel and Joe Beigel.*

*Tickets for students are \$15.00 for couples and  
\$8.00 for singles. All individuals who wish to see the Grand  
March are asked to pay \$3.00.*



### Mark Your Calendars!

Almond-Bancroft Community

### Easter Egg Hunt

Saturday, April 3rd, 2010 2:00 P.M.

Athletic Park

All Children Ages 0-12 Are Welcome!

Over 1,500 eggs and prizes!



### Junior Class

#### Aluminum Can Collection & Drop Off Points

Drop-off points for donated aluminum cans are in Bancroft at Schmidt Metals and in Almond behind the school. The Junior class greatly appreciates your aluminum can donations!

### Save Your Pop Can Tops!

It's that time of year when we want your pop can tops! The student council will be rewarding the whole elementary and high school with a fun day! **We will have the pop can top collection run from April 12th to April 26th.** The jars will be in the LMC. **These tops will be donated to the Ronald McDonald House!**

Almond-Bancroft Student Council

## AMERICAN RED CROSS BABYSITTER'S TRAINING COURSE

Partners In Education is offering a Babysitter's Training Course on

**Saturday, May 1st, 2010 from 9:00 A.M. - 4:30 P.M. at the Almond School in the F.A.C.E. Room.**

Class size is at least 6 students and **not more than 12.** **Registration required by April 26th.**

Registration is on a first come first serve basis. Must be 11 years old to attend.

Cost is \$42.00, P.I.E. will cover 1/2 the cost. **Your cost would be \$21.00.**

Payment will be returned if class is full. Payment is nonrefundable after April 30th.

Textbooks and course materials are included in the price. **Students will need to bring a sack lunch with drink.**

The babysitter's training course will give you the safety skills and confidence to be a great babysitter. You'll learn what to expect from parents plus get the skills you need to help handle any real life babysitting situations. After you complete the training you will be certified to baby-sit and have your own baby-sitters card!

Contacts: Sherri Galle-Teske, Instructor, American Red Cross Portage County, at 344-4052 or

Trina Warzynski, P.I.E. Chair, at 366-2773.

### Red Cross Babysitter's Training - Sponsored by P.I.E.

Make check payable to: American Red Cross of Portage County, Return this form and check to: Almond-Bancroft Dean Of Students Office

NAME \_\_\_\_\_ DATE \_\_\_\_\_

MAILING ADDRESS \_\_\_\_\_

PHONE \_\_\_\_\_ CELL PHONE \_\_\_\_\_

PARENT SIGNATURE \_\_\_\_\_

I give my permission for my child to attend the American Red Cross Babysitting Training. I understand that once registered, no refunds will be given. Moving my child into a class on a later date is acceptable if room permits. The Red Cross reserves the right to send a student home with no refund if they are disruptive to the class. Students earn their Babysitting Certificate by participating in class discussion, practicing all required skills, and showing a general understanding on how to be a responsible babysitter. Class begins promptly at 9:00 a.m. and ends at 4:30 p.m. Students arriving after 9:15 a.m. will have missed vital information and may be asked to leave & return at a later date.

# Almond Immunization Clinic

Hosted by Portage County Public Health Nurses

Almond Elementary School- Monday April 19 3:00-5:30 pm

NO appointments are needed during this clinic time.

CHILDRENS immunizations will include those recommended for infants, children through 18 years, school required immunizations. Parent/guardian must accompany child less than 18 years old.

**Vaccines for children are \$5.00 each.** MA/ BadgerCare accepted  
Fees can be waived if unable to pay except for the adult Hepatitis B and Pneumonia.

ADULT Immunizations will include Tetanus (\$5.00),  
Pneumonia (\$40.00), Hepatitis B (\$61.00).

Please note

Immunizations are ALSO available through regularly scheduled clinics at Portage County Health Department, 817 Whiting Ave. Stevens Point

Tuesdays 3:00 PM -6:00 PM and Fridays 9:00 AM-11:00 AM  
NO appointments are needed during clinic times.

## Attention Parents:

For the 2010-2011 school year the Wisconsin Student Immunization law now requires two doses of varicella (chicken pox) and one dose of Tdap for pertussis (Whooping Cough). The Tdap vaccine includes both tetanus and pertussis protection. It is required at this time in order to boost the pertussis protection. Students who have been current with vaccines may now need additional doses of vaccine.

These requirements are being phased in by school grades. For the 2010-11 school year the Wisconsin Student Immunization Law requires students to have completed:

**1 dose of Tdap (tetanus, diphtheria and acellular pertussis) vaccine** for students entering grades **6 through 12**. Note: *If it has been more than 5 years since receiving a Td (tetanus/diphtheria) containing vaccine then Tdap (with pertussis protection) is required.*

**2 doses of varicella (chickenpox) vaccine** for students entering **Kindergarten, and grades 1,2, 6, 7, 8 and 12.**

Questions about immunizations?  
Call Portage County Health Department at 715-345-5350, or your medical provider.

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## SINGING BIRTHDAY GRAMS

A-B High School will deliver singing Happy Birthday Telegrams to your favorite Student/Staff member on their birthday! There are packages you may select from:

**Option 1:** (\$5.00) Happy Birthday balloon on party stick decorated with ribbons, birthday hat/noisemaker, card, and your choice of a chocolate rose or 4 tootsie pops.

**Option 2:** (\$10.00) Same as #1, but with addition of A-B stocking hat.

**Option 3:** (\$15.00) Decorated balloon, hat, noisemaker, card, rose or pops, beads and A-B stocking hat.

**Bonus Extra \$1.00**—we will include 3 strands of Mardi Gras beads in school colors.

**Bonus Extra \$3.00**—4x6 Photograph of birthday student on professional photo paper.

Student Name: \_\_\_\_\_ Birthday: \_\_\_\_\_ Grade/Teacher: \_\_\_\_\_

Special Message: \_\_\_\_\_

OPTION 1 \$5.00  Rose  Pops  OPTION 2 \$10.00  Rose  Pops  OPTION 3 \$15.00  Rose  Pops

Bonus Extra \$1.00  Bonus Extra \$3.00



# Help Wanted — Fitness and Health

The Almond-Bancroft School District is currently setting up a partnership with the Stevens Point Area YMCA. Therefore, we are seeking energetic, health-conscious people to apply for possible upcoming YMCA fitness programs offered in Almond. If you have a background in dance, yoga, meditation, strength training, or general fitness, please contact Jake Franklin at 715-342-2980 Ext# 306. You may also apply at [www.spymca.org](http://www.spymca.org)



## Community Survey — YMCA

The Almond-Bancroft School District is working with the Stevens Point YMCA to offer quality programs for a low cost to the community. However, it's important that you provide all questions, comments, and feedback in order for this partnership to be successful. If you would like to have a say in what happens, please call Tom Collins at 715-366-2941 Ext# 310 and let him know what you think.

As a springboard of conversation, please take a look at the checkboxes below and check the empty spaces that you would like to discuss most:

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> Employment                  | <input type="checkbox"/> Teen Leadership | <input type="checkbox"/> Summer Camps          |
| <input type="checkbox"/> Health and Fitness Programs | <input type="checkbox"/> Child Care      | <input type="checkbox"/> Community Development |
| <input type="checkbox"/> Martial Arts                | <input type="checkbox"/> Social Clubs    | <input type="checkbox"/> Other ideas to share? |

## FIT KIDS CHALLENGE Parties!

Where elementary school children throughout Portage County are invited to be active!

### Fit Cities Challenge #3

-All Fit Kids...you are invited!-



**Who:** Any student who's signed up (or wants to sign up) for the Fit Cities program

**What:** Are invited to the third Fit Cities party to use interactive, cardiovascular games in the Adventure Zone (never ending climbing wall, DDR, game bikes) and group games in the open gym like kickball, trench ball, and more! Parents can drop kids off. Plenty of parking.

**When:** Saturday, April 10th, from 10am—12noon

**Where:** Adventure 212  
3217 John Joanis Drive  
Stevens Point, WI 54481

**Why:** To celebrate all the effort you put forth into keeping your body and mind healthy

**Reminder:** Bring your ticket #3 so you have a chance to win a prize

adventure 212  
fitness • bistro • spa

## =====>Scrapbook Basics Thanks YOU<=====

Scrapbook Basics is no longer running, but both Brenda and Cindy would like to thank the "scrappers" for their dedication to the art of scrapbooking. For those who wanted to attend classes in April and May, have no fear...for you will be able to work on creating memories next year when the adult education continues. You may also contact Brenda Newby if you have any questions, would like to order products, or if you need to borrow tools. To do this please call Brenda at 715-340-2559. Thank you!



# April Community Education

## UWSP Judo Presentation (Free)



On Tuesday, April 6th the UWSP Judo Club is coming to present our community and classrooms. If you're interested in Martial Arts, would like to learn a few new moves, or ask the presenters a question, please sign up to attend. The three presentation times are as follows:

1. 12:30—1:00 PM
2. 1:15—1:45 PM
3. 2:00—2:30 PM

For more information on these free community presentations, please call Tom Collins at 715-366-2941 Ext# 310. Or email Tom at [tcollins@abschools.k12.wi.us](mailto:tcollins@abschools.k12.wi.us)



## Computer Basics Boot Camp



Do you want to learn how to navigate through the World Wide Web, create your own email account, or simply understand the different parts of your computer? If you said yes to any of these questions, or if you have your own questions to ask, this two-week...six session course is your key to a successful computer experience. Classes will be held on Mondays, Tuesdays, and Wednesday from 6:00—8:00P.M. during the weeks of April 12th—21st. The total course cost is \$20, but if you bring your own laptop the \$20 course fee will be waived. For more details, call Tom Collins at 715-366-2941 Ext# 310. If you wish to sign up for this course, please fill out the Course Registration Form and turn it in to Almond School by April 12th. Only eight spots are available for those wishing to take this course.

## Be a Tree—Dog Training (Free one-day class)

Are you interested in finding out more about bite prevention and responsible dog ownership? On Friday, April 16th from 12:00—3:00PM, Renea Dahms will speak about canine behavior and how you can learn to be a good owner. There will be a total of three sessions and they are scheduled as follows:

1st presentation (12:30—1:00) 2nd presentation (1:15—1:45) 3rd presentation (2:00—2:30)

For more information on these free community presentations, please call Tom Collins at 715-366-2941 Ext# 310. Or email Tom at [tcollins@abschools.k12.wi.us](mailto:tcollins@abschools.k12.wi.us)

## Sign Language For All Ages (free)

On Thursday, April 15 from 5:00—6:00P.M. the UWSP Sign Language Club is completing another interesting class for all ages to take part. No matter if you have or haven't attended any of these classes in the past, you will have the opportunity to learn a few basic signs and enjoy yourself in the process.

This class is open to all ages and adults are encouraged to participate. A limit of 15 students is placed on attendance of this class, so register by April 14 to ensure your spot. To do so, fill out the course registration slip **or** call Tom Collins at 715-366-2941 Ext# 310. You may also email Tom at [tcollins@abschools.k12.wi.us](mailto:tcollins@abschools.k12.wi.us)

## CPR and First Aid Training

Are you in need of or simply want to be certified for CPR and First Aid training? If so, the American Red Cross is offering these two classes at Almond School. On Thursday, April 22nd from 4:00—7:00P.M. the adult CPR and AED training will be offered. The cost is \$45 for the CPR/AED session. On Thursday, April 29th from 4:00—7:00P.M. is the First Aid training class. The cost for that class is \$40. However, you if sign up for both classes you will receive the discount rate of \$62.00 as the total cost. Please call Tom Collins at 715-366-2941 Ext# 310 to sign up today.

## Mexican Enchilada Cooking Class

On Thursday, April 22nd from 5:30—8:00PM, you will learn how to make Mexican enchilada's from Maria and Ellie Chapa. Everything from preparing the beans to adding the right seasoning and spices will be covered. If cooking is something you are interested in, this class will be right up your alley.



Cooking class will run from 5:30—8:00PM and the cost for this session is \$7.00. A total of 8 people is the maximum number of participants that may attend and course registration slips will be accepted up until one week before class begins. If you are interested in this class, please turn in your course registration slip (located below) or call Tom Collins at 715-366-2941 Ext# 310.

## UWSP Women's LaCrosse Presentation (free)



On Friday, April 30th from 11:30—12:30, the UWSP Women's LaCrosse Team is coming to Almond School to present how the sport of lacrosse is played. Under the leadership of Jena Rock, the UWSP team will go over the rules of the game, what equipment is essential, some basic practice drills and they will also run through a little scrimmage based on their presentation. If you are interested in taking part, please contact Tom Collins at 715-366-2941 Ext# 310. In order to attend this presentation you must call by Monday, April 26th.

## May Community Education

### Christian's Bistro Cooking Class

From the kitchen of Christian's Bisto, to the classroom of Almond School, comes an exciting opportunity for people ages 16 and up. On Monday, May 24, from 5:30—8:30PM, Chef will take you through the steps and teach you how to use the right ingredients to make a delectable dish your family and friends will rave about.

If you're interested in learning how to cook, this will be your chance. Only a few spots remain open with this course, so call up Tom Collins to see if you can get a seat while they are still open. Call 715-366-2941 Ext# 310 or email at [tcollins@abschools.k12.wi.us](mailto:tcollins@abschools.k12.wi.us)

## COURSE REGISTRATION SLIP

Course registration options:

- 1) Mail a completed COURSE REGISTRATION SLIP to Almond School at 1336 Elm Street, Almond, WI 54909 (Attention Tom Collins)
- 2) Email Tom Collins at [tcollins@abschools.k12.wi.us](mailto:tcollins@abschools.k12.wi.us) to request an electronic copy of the COURSE REGISTRATION SLIP, complete the information about the course(s) you would like to take, and then either email it back to Tom or snail mail it to the address above
- 3) Fax the completed COURSE REGISTRATION slip (Attention Tom Collins) at **715-366-2940**

Please fill out the information below and use one of the three options above to be considered a registered student with the Almond-Bancroft Adult Education Program:

NAME: \_\_\_\_\_ PHONE NUMBER: \_\_\_\_\_

HOME ADDRESS: \_\_\_\_\_


EMAIL ADDRESS: \_\_\_\_\_

COURSE TITLE #1: \_\_\_\_\_


COURSE TITLE #2: \_\_\_\_\_

# Almond-Bancroft Menus, April 2010

## Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
 Choice Of Fresh Fruit Or Juice Served Daily		Cereal Offered As An Alternate Choice Daily	1 Breakfast Bagel, Eggs	2 No School
		5 No School	6 Oatmeal, Toast	7 Blue Box Breakfast
12 Breakfast Sandwich	13 Cereal, Muffin	14 French Toast Sticks	15 Pancake Sausage Wrap	16 Gold Fish, Breakfast Bar
19 Ham & Cheese Breakfast Bar	20 Pancake, Sausage	21 Blue Box Breakfast	22 Breakfast Bagel, Granola, Yogurt	23 Clod Hoppers, Pop Tart
26 French Toast Sticks	27 Oatmeal, Toast	28 Cereal, Muffin	29 Breakfast Sandwich	30 Cinnamon Roll, Yogurt

Breakfast Prices:  
 Reduced – No Charge  
 4K (M-W) – 7 days @ 1.00 = \$7.00  
 4K (T-Th) – 9 days @ 1.00 = \$9.00  
 K-12<sup>th</sup> grade – 20 days @ 1.00 = \$20.00

 Milk Served With  
Every Meal

## Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Chicken Quesadilla, Vegetable, Fruit, Jello	2 No School
5 No School	6 Hot Dog, Tator Barrels, Vegetable, Fruit	7 Baked Potato Bar, Fruit, Cookie	8 Mostaccioli, Garden Bar, Bread, Chocolate Cake	9 Fish Sandwich, Mac & Cheese, Vegetable, Fruit
12 Beefy Nacho's, Spanish Rice, Creamy Cucumbers	13 Italian Sub- Sandwich, Pasta Salad, Vegetable, Fruit	14 Grilled Cheese, Tomato Soup, Veggies & Dip	15 Chicken Stir Fry, Salad Bar, Fruit	16 Hot Ham & Cheese, Oven Potatoes, Vegetable, Fruit
19 Cheese Fries, Garden Bar, Fruit	20 Chicken & Gravy, Mashed Potatoes, Vegetable, Fruit, Bread, Jello	21 Pancakes, Strawberries, Sausage, Hashbrowns	22 Frito Chili, Veggies & Dip, Fruit, Bread, Brownie	23 Mini Corn Dogs, Tator Barrels, Vegetable, Fruit
26 Taco, Refried Beans, Corn, Fruit	27 Chicken Pattie, French Fries, Vegetable, Fruit	28 Hamburger, Potato Wedges, Vegetable, Fruit, Jello	29 Pepperoni Pizza, Garden Bar, Fruit, Cookie	30 Chicken Nuggets, Mac & Cheese, Vegetable, Fruit

Lunch Prices:  
 Reduced 4K (M-W) – 7 days @ .40 = \$2.80  
 Reduced 4K (T-Th) – 9 days @ .40 = \$3.60  
 Reduced K-12 – 20 days @ .40 = \$8.00  
 4K (M-W) – 7 days @ 1.60 = \$11.20  
 4K (T-Th) – 9 days @ 1.60 = \$14.40  
 K-5<sup>th</sup> grade – 20 days @ 1.60 = \$32.00  
 6<sup>th</sup> – 12<sup>th</sup> grade – 20 days @ 1.85 = \$37.00



From The Desk Of Pat Leary, Food Service Director

Dear Parent(s),

It looks like the students are enjoying their breakfast meals. Connie, is introducing them to all sorts of new good things. Come in and try some of the new items. Our staff, is working hard with Lets Move.gov from the government and she is to be complimented on that. New choices are popping up each month.

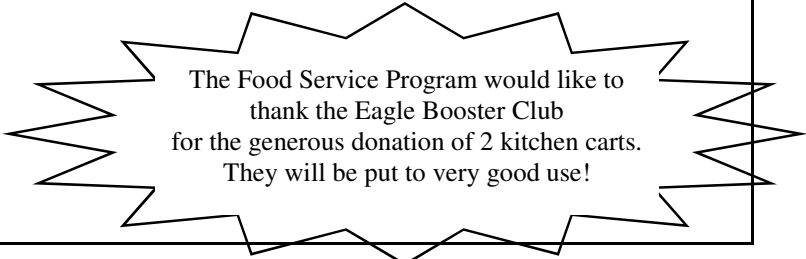
Connie and Staff wish you a "Blessed Easter"!

Remember, good nutrition is the way to better health.

Pat Leary

Food Service Director

We are an equal opportunity institution.



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**ALMOND-BANCROFT SCHOOL DISTRICT  
OFFICIAL SCHOOL BOARD BALLOT**

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NOTICE TO ELECTORS: THIS BALLOT MAY BE INVALID UNLESS INITIALED BY TWO (2) ELECTION INSPECTORS. IF CAST AS AN ABSENTEE BALLOT, THE BALLOT MUST BEAR THE INITIALS OF THE MUNICIPAL CLERK OR DEPUTY CLERK.

To vote for a person whose name is printed on the ballot, make a cross (X) in the square at the RIGHT of the name of the person for whom you desire to vote. To vote for a person whose name does not appear on the ballot, write the name in the blank space provided for the purpose.

School Board Member for the Towns of Buena Vista & Lanark Vote for One

Catherine Guth.....

.....

School Board Member for the Town of Pine Grove Vote for One

Jeanette Wilson .....

.....

Almond-Bancroft School  
1336 Elm St  
Almond, WI 54909

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